

# **ROSCOMMON GAELS**

# CODE OF CONDUCT PARENTS / GUARDIANS

| Created By   | Ros Gaels Executive |
|--------------|---------------------|
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## MAINTAINING GOOD PRACTICE AND BEHAVIOUR

Roscommon Gaels constantly seek the active participation of all parents and guardians, where the ethos of volunteerism forms the basis of our community. Volunteerism enables us to promote and participate in many other community-based endeavours. In common with coaches and club personnel the parents/guardians of underage players should act as role models for their children and are welcome to attend their child's training activities and games.

#### PARENTS/GUARDIANS SHOULD ENCOURAGE THEIR CHILD TO:

- Always play by the rules.
- Improve their skills levels.
- Appreciate everybody on their team and their opponents, regardless of ability.
- Respect and appreciate the contribution made by their coaches towards developing players and teams.
- Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play. Advice may be sought, if necessary, from Club officials on this issue.

### PARENTS/GUARDIANS SHOULD LEAD BY EXAMPLE:

- Adopt a positive attitude to their children's participation in our games.
- Respect officials' decisions and encourage children to do likewise.
- · Do not exert undue pressure on your child.
- Never admonish your own child or any other child for their standard of play.
- Be realistic in their expectations.
- Show approval for effort, not just results.
- Avoid asking a child or young person, 'How much did you score today' or 'What did you win by' or 'What did you lose by.' Ask them 'Did they enjoy themselves.'
- Never embarrass a child or use sarcastic remarks towards a player.
- Applaud good play from all teams.
- Do not criticise playing performances. Identify how improvements may be made.
- Do not seek to unfairly affect a game or player.
- Do not enter the field of play unless specifically invited to do so by an official in charge.

#### PARENTS/GUARDIANS SHOULD

- Complete through Foireann or on the Child/Youth Membership Form the annual registration/permission and medical consent information for their child's participation in the Club.
- Inform the coaches, and any other relevant Club personnel, of any changes in their child's medical or dietary requirements prior to coaching sessions, games or other activities.

- Ensure that their child punctually attends coaching sessions/games or other activities.
- Provide their child with adequate clothing and equipment as may be required for the playing of our games including for example helmets, shin guards, gum shields etc.
- Ensure that the nutrition/hydration and hygiene needs of their child are met.
- Never encourage their child to consume non-prescribed drugs or take performance enhancing supplements.
- Listen to what their child may have to say.
- Show approval whether the team wins, loses or draws a game.
- Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games.
- Raise any issues or concerns they may have regarding their child's participation or performance in a team with the team coach(es) and should do so in a constructive and non-confrontational manner and not in the company or vicinity of young players or other parents.
- Bring complaints about the conduct or practice of a coach to the attention of the relevant Club or County Children's Officer.
- Support your Club by becoming an active member and by participating in Club activities.

# PARENTS/GUARDIANS SHOULD ASSIST THEIR CLUB BY;

- Showing appreciation to volunteers, coaches and Club officials.
- Attending training and games on a regular basis.
- Assisting in the organising of Club activities and events as requested.
- Respecting the rights, dignity and worth of every person and by treating each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion.
- Not entering team dressing rooms unless deemed necessary by the team coach(es) so as to protect the privacy of all players.

#### PARENTS/GUARDIANS HAVE THE RIGHT TO:

- Know their child is safe and to make a complaint if they believe that their child's safety is in any way compromised.
- Be informed of problems/concerns relating to their child.
- Be informed if their child gets injured or becomes unwell.
- Complain to the relevant persons if they have concerns about the standard of coaching.
- Have, as a member, a say in relation to decisions being made within the Club.