



GAELFORCE NEWS

ROSCOMMON GALES GAA
NEWS UPDATES

Dec/Jan 2024

Lotto

Be part of it to WIN!



St. Stephens Day Fundraiser Roscommon Down Syndrome



Finn Killion/Cian Mulry/Diarmuid Mulry

The annual fundraiser held by Down Syndrome Roscommon on St Stephen's Day in Lisnamult raised much needed funds for local organisation was attended by a number of Gaels players present and past. This year the club would like to incorporate all 4 codes for a fun game of competition and craic, and will also include a penalty shootout competition.

Entry Fee €10 for each player and for anyone that wanted to donate duly did.



THANK YOU TO “GARY’S GARDENING” FOR SPONSORING THE EVENT

**Finn Killion was the winner of the
penalty shootout kindly
sponsored by Gary’s Gardening
0868890324**

Money Raised on the Day €490



LOTTO JACKPOT WINNER

On the 17th December last Francie Hoare won the Club Lotto Jackpot prize of €10,000. Delighted to see the prize going to a worthy winner. Francie dedicates an enormous part of his time volunteering for the club in many ways. Congratulations Francie, enjoy the spending.



Pictured above: Francie Hoare accepting the lotto jackpot prize cheque from Frankie Durkin. Also pictured are Hugh Waters and Shane Hoare

Roscommon Gaels Latest Inter County Players



Well done Faye Satchwell - our only representative on the U 16

Roscommon ladies team who recently played Cavan on the 20th Jan



Under 16 County camogie had their first challenge (27th Jan against Kildare. Roscommon Gaels were represented by Ruth King, Elia Cormican, Aisling Faughnan and Grace Gannon. Well done ladies



Congratulations to Senan Lambe who made his debut on the playing field in a Co Senior Football jersey recently when they defeated Sligo in the FBD League . Well done also to Cian Connolly who started in the first 15. Roscommon went on to win the FBD Final vs Galway 2 weeks Later

Keep up the hard work lads. 💪

Pictured above is Senan with his very proud parents Martin and Yvonne



Another set of Roscommon Gaels players to make debut in the County Jersey recently were Brendan Quinn and Finn Killion in County Hurling against Mayo.

Congratulations Brendan and Finn. Keep the hard work up!!
#rosgaelsreps

ROSCOMMON GAELS YOUTH DEVELOPMENT PROGRAMME

Just after the Christmas break, the club launched it's Youth Development Programme for underage children in the club from Under 14 through to Minor ages across all four codes in the Club. The programme focuses on skill development, training literacy for younger age groups (U14) to performance testing and nutritional guidance for older age groups and leads onto gym-base strength programmes for older age groups.

There has be a fantastic response by all age groups to get involved. Testing for some of the groups and sessions have all been completed in TUS Athlone and the programme is well underway.



ROSCOMMON GAELS YOUTH DEVELOPMENT PROGRAMME

A Big thank you to Cathal Dineen & his staff for their use of
their Gym



ROSCOMMON GAELS YOUTH DEVELOPMENT PROGRAMME



**Pictures of Boys Football & Hurling at the testing in
TUS Athlone**



**Pictures of Ladies Football & Camogie at the testing in
TUS Athlone**

ROSCOMMON GAELS YOUTH DEVELOPMENT PROGRAMME

The launch of an ambitious programme such as this would not be possible without the support of numerous parties, Sincere thanks to Roscommon Gaels Coaching Committee:

Sinead Killeen (Camogie Coaching Rep)

Michael Burke (LGFA Coaching Rep)

Sean Mulry (Hurling Coaching Rep)

Ollie McGuinness (Gaelic Football Rep)

Chairs of the 4 Codes

Our Club Executive

Our Programme Delivery Partners:

Christian Coombs & His Team TUS Athlone

DEVELOPMENT WORKS AT LISNAMULT



Our Car park has made massive improvements since Xmas
All Car parks Spaces have had their elevation raised with Fine Gravel. Tarmac is due to be completed in the coming weeks.

There has also been a lot of tidy up work completed in a number of areas around the grounds. We are looking forward to returning to games in the coming months.

Take a walk up there soon and see the changes for yourself

WORKING OUT IN THE GYM

Many thanks to a Matthew, Aaron, Hugh, Dylan and Michael who completed a work out with a difference in the Club Gym in the last week. The lads did an upper body work out painting the gym from top to bottom. Many thanks lads.

To join our Club Gym, contact Finbar 0879266923





BIG ANNOUNCEMENT FOR OUR CLUB



- **Register Membership**
- **Purchase Lotto**
- **Manage Fundraisers**
- **Finance Mgmt.**



- No longer need to Register on Foireann
- Purchase Lotto
- <https://roscommongaelsgaa.clubforce.com/products/membership>
- Step by Step instructions will be given out via your managers group and communication will issue to all 2023 members.

THANK YOU FOR READING THE 1ST NEWSLETTER OF THE YEAR

**IF YOU WISH FOR ANY ARTICLES TO BE INCLUDED
PLEASE CONTACT
PRO.ROSCOMMONGAELS.ROSCOMMON@GAA.IE**

