



# GAELFORCE NEWS

ROSCOMMON GALES GAA  
**NEWS UPDATES**

Mar 2024

# Lotto

Be part of it to WIN!



# Men Senior League R2

Wed 20th March Lisnamult

Castlerea 1-8 Roscommon Gaels 1-5

On a Dry evening on a damp pitch castlerea came to visit. Gaels started without a good few regulars but we had 3 U20 Panelist playing on an evening our U20's drew with Mayo.

First few mins both teams cagy with possession - back and forth but gaels got a great start with a goal from Full back James connolly. Our defence was uneasy at times giving away some very soft frees allowing castlerea keep in the game with Adam McDermott prominent Gaels missed chances but with John McGuinness & Liam Naughton impressing it was on 1-2 to 0-4 ahead at the break

2nd half started slowly - we won the break - pushed on but some our distribution/shot selection poor at times. As the game went on castlerea stayed in touch with Adam McDermott frees going 1 up. John McGuinness leveled the game with a free with time almost up but the game turned when Scott Oates got a red card and sub John Curran broke on the counter attack and hit low to the bottom corner to win the game at the death

# Club House - Old Memories resurfacing again



**On the bank Holiday Monday - Orla Fleming/Finbar O Reilly/Brian Mcneela & Ollie Moran helped to mount all the Pictures that had been taken down for the refurbishment of the club hse at the hyde.**

**We would like to thank Jimmy Menton for getting all the pictures Framed. Thank you Jimmy. More to do over the coming weeks**



## U14 Camogie Pre-season



**Our U 14 girls have kicked off their season with numerous outdoor sessions on the Astro Truf - Good Numbers have made it a lot easier to train**

**Contact Joan Moore @ 0879201818 to get involved**

## Handball



**U15 All Ireland Final**  
**Seamie Carthy was defeated by Sean Donnelly (Tyrone) in a marathon of a match.**  
**Seamie lost the first game 15-3 before settling into the game to take the second 15-10. In an exciting tiebreak, Seamie was unlucky to lose by the narrowest of margins 15-14. Hard luck Seamie! There are better days to come**

# Easter Parade

## 31/3/2024



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## Girls Football

**Div 1 League**

**Roscommon Gaels VsClann Na Gael**

**28/3/24**

**Roscommon Gaels 6-10**  
**Clann 4-12**

Our div 1 girls travelled to Johnston on thursday last more in hope than exception to bringing a Result

But by God did they play well - 13 players set their stall our early. Real hard worked hard with Aoife Connolly/Grace Gannon travelling every inch of grass and Amy Gannon Sweeping made a huge difference. Goals from Emily O Reilly(3)/Rori Gately/Aisling Faughan(2) had us going in at the break with a healthy Lead. 2nd half we hung with Points from Grace/Aoife/Aisling and emily kept Clann just at lenghts bay. They found hard to get back into the game but they just fell short. Well done Girls on ground that is very hard to win at.



# **U14 Girls Football Div 4**

**U14 Girls Football Div 4 - Ros Gaels 11 v Padraig pearses 11. First league match of the season under lights in Lisnamult Fri 29th March - off to a winning start 5-10 to 3-1**



# Junior Ladies Football

## Ros Gaels 2-8 v Padraig pearses 3-12

First league match of the season under lights in Lisnamult thurs 28th March - Finally up and running & the girls didn't disappoint. Played very well considering first get together since Oct.

Jane King solid in goals - eve mcneill outstanding full back, emma hough in front of her covered a whole of ground. Emma O Farrell imposed herself in the middle of the pitch along with the outstanding Alannah Sutton. Claire McNeill played well as did all the forwards.

New Management in Place now - David Hoare with help from Finbar O Reilly/Liam McNeill



# **Junior Ladies Football**

## **New Management Team**

**David Hoare is the new Manager of the Ladies Junior football team.**

**His Selectors are Finbar O Reilly/Liam McNeill.**

**First Game Mentioned above - First game in Charge vs Eire Og in Loughlynn on April 5th. Eire og are challenging for Senior honours whilst our young team played very well throughout - our counterparts won out easily in the end.**

**Training continues for the girls - Running nights/Pitch sessions & good numbers so hopefully with a few more games under David's Regin - things will come good.**

# Ladies Football Intercounty



**Shauna Walsh Roscommon Gaels  
made her NFL debut for the  
Roscommon Intermediates against  
Antrim Recently and bagged herself  
a goal. Congrats Shauna a dream  
start keep up the hard work**



# ALL STARS TEAM 2024



**1st Training Session this  
evening(1st April) & every monday  
even until the 17th June**

## ALL STARS TEAM 2024



## ALL STARS TEAM 2024





Just to give you an update on our plan for pitch maintenance. This year we will be weeding, fertilising, spiking & sanding the pitches. This work is essential to maintaining our pitches. The focus will be our main pitch.

As conditions (no wind) are ideal our contractor wants to fertilise the main pitch Sun 24th March. Sooner than we expected but welcome.

When the spiking etc...occurs the main pitch will be closed for c. 4 days each time, on 3 separate occasions c. mid April, Jun and Sept.

We will endeavour to avoid postponing games. But we may have no choice. We will communicate to you the moment we have dates from the contractor for mid April.

We appreciate your patience and understanding during this process

### Costs

Between €7000-€8000 for 1st time this year. That includes approx 90 tonnes of sand, sloe release fertilizer, seed, scarifying, and verti draining. It's normally done only once a year, but it's recommended we do it 3 times this year to try and bring the pitch back to being playable.

As you can see huge costs to keep our grounds functioning & that is only the main pitch !!

# Trees - Trees

The final sapling of 600 approx being planted !!!!! And it's straight Declan !!!!!!!!

Beautiful Silver Birch planted all around our main pitch ,60 Italian Alder planted on the boundary of the back field and of course 400 white thorn planted on the dividing ditch .

Fantastic effort by all







## Sliver Birch





All the GOOD helpers







## Some Notes/Summary from our recent AGM

**Car Park:** The resurfacing of the car park has now been completed. Signage has been erected for Wheelchair parking places in different locations at the grounds. We ask patrons attending please take note. Painting of spaces is planned in the coming weeks.

**Boundary:** The Boundary between leased land and club land has been reinstated now that all works have completed on the stand

**Signage:** New signage has been erected at the entrance to our grounds and in all dressing rooms pertaining to our Club Culture. Next time you are up at the grounds, take a look.

**Need to Talk Poster Campaign:** Health and Wellbeing Officer, S Mulry , Children's Officers R McSharry and A Tully will be launching a poster campaign in the next week on Mental Health Awareness / Gambling Awareness / Substance use. Please see our Club website for further details. It is planned to have posters located throughout the Club offering information on the support services available in our community

Add a little bit of body text

## Some Notes/Summary from our recent AGM

**Health & Wellbeing:** Message went out to members on Tuesday April 16th, there will be a workshop for Adult and Over 18's in the Lounge at the Hyde Centre. This event is specifically tailored for parents and individuals over 18 from the local community, offering guidance on accessing support services when needed. The club hosted an event similar to this over a year ago, and those who attended it, found guest speakers very informative, aswell as, some of the information given being quite eye-opening and shocking in relation to the topics discussed. We invite you to join us for this informative session, where together, we can strengthen our understanding and support network for the well-being of our youth and community. Guest speakers on the evening: Gillian Conway Western Region Drug and Alcohol Task Force, Noreen Burke Wrdatf Regional Recovery @boylefamilyresourcecentre South Roscommon Family Resource Centre, Sergeant James Muldowney An Garda Síochána.

The club is also planning a second event on May 4th in relation to Mental Health Awareness / Addiction... More Information to follow

**A Chairde,**

**We would like to announce an upcoming event hosted by Roscommon Gaels, aimed at fostering awareness and understanding of the effects of drugs and alcohol, as well as providing guidance on where to seek help.**

**Event: Explaining Drugs & Alcohol - The Effects and Where to Get Help Date: April 16th, 2024 Audience: Parents and Over**

**18's**

**In today's society, our young players face numerous challenges, and as a club deeply committed to their health and welfare, we recognise the importance of equipping ourselves with the knowledge and resources to support them effectively.**

**This event is specifically tailored for parents and individuals over 18 from the local community, offering guidance on accessing support services when needed. We invite you to join us for this informative session, where together, we can strengthen our understanding and support network for the well-being of our community.**

**Please see the above advert for further details on the event.**

**GAEIL ROSCOMÁIN**



**EXPLAINING DRUGS & ALCOHOL**  
THE EFFECTS AND WHERE TO GET HELP

**A WORKSHOP TO DEVELOP A SHARED AWARENESS FOR DRUGS AND ALCOHOL (OVER 18'S ONLY)**

Tuesday, April 16th 2024

7:00pm to 8:30pm

Dr. Hyde Centre, Roscommon F42 AP82  
Lounge Area

Sean - 0879074637

**SPEAKERS**

**GILLIAN CONWAY**  
Gillian is a Drug Education worker with the Western Region Drug and Alcohol Task Force

**NOREEN BURKE**  
Noreen is a family support worker for WRDATF, extending support to adults concerned about a loved ones substance use via South Roscommon FRC and Boyle FRC.

**Sergeant JAMES MULDOWNEY**

**FINGLAS CABRA LOCAL DRUG & ALCOHOL TASK FORCE**

**GAA WE ARE COMMUNITY**

**North Eastern Regional Drug & Alcohol Task Force**  
Cavan - Monaghan - Louth - Meath

**DR2 DATT**

**HF**

**SEIE Social Inclusion**

**WESTERN REGION Drug & Alcohol Task Force**

# Mental health matters

