



# ROSCOMMON GAELS

## Gaelforce News

WEEKENDING July 10th, 2020



Ní Neart  
go cur  
le Chéile

# WIN

a **SUBARU.ie**

**29<sup>th</sup> AUG 2020**



# Message from Club Chairperson Teresa Hession.



Click on the link:

<https://www.facebook.com/453999318031297/videos/265802431534410>

## Welcome Back

In the last edition of Gaelforce back in April, everyone was working through Covid Lockdown. That was 12 weeks ago! After everyone's hard work at adhering to Government restrictions, thankfully this has resulted in allowing us to get back to playing what we love – Football, Hurling and Camogie.

While there may be still some rules that we need to follow, we are excited about this week and the weeks ahead. We can get back to filling those empty planners now with match dates and training dates. However, we must still not forget that we have to continue working hard. We have to take responsibility for our actions - Respect each other's space by social distancing, follow etiquette in respiratory hygiene and wash your hands. When visiting Lisnamult, use the sanitisers upon entry and follow all new guidelines that are being implemented in the Club.

Everyone has all been receiving numerous messages from respective coaches introducing lots of new protocols for you and your child(ren) to return to safe play and when visiting the pitches at both Lisnamult and the Hyde. They go against the grain of what our Club ethos and GAA is all about (welcoming spectators and socialising), however, we have to take responsibility if we want to be out there playing. All new protocols are being implemented in the Club are based on the National

Guidelines released from Croke Park, GAA Headquarters.

[https://learning.gaa.ie/sites/default/files/30.6.20%20-%20Version%201.3%20-%20Covid-19%20Guidelines%20on%20Safe%20Return%20to%20Gaelic%20Games\\_0.pdf](https://learning.gaa.ie/sites/default/files/30.6.20%20-%20Version%201.3%20-%20Covid-19%20Guidelines%20on%20Safe%20Return%20to%20Gaelic%20Games_0.pdf)

## Roscommon Gaels Community Assistance

The Club would like to thank all of the Volunteers who put their names forward to assist The Roscommon Gaels GAA Club Community Assistance Initiative during the number of weeks of Lockdown. Volunteers collected shopping, assisted Cocooners in the locality with errands and answered to any need asked.

## Pieta House Darkness into Light Roscommon Gaels 5 km

Another Club initiative that took place during lockdown was the Pieta House Darkness into Light 5km Run/Walk. The brain child of Liam McNeill, Coach to the Senior Footballers and assisted by Brian Kelly, Andy Hession and many others co-ordinated the charity event. It was all organised bearing in mind Covid Restrictions. Members of the Senior and Junior Footballers, male and female, Hurlers and Camogie Players were time-tabled in 2's to run or walk a route around the town during the day on May 9<sup>th</sup>. The start of the route was at McNeills Store in Abbeytown. A huge amount of support was shown not only by the players, but by all club members during this week. Numerous members completed their own 5km distance from their homes and donating also.

By Friday May 15<sup>th</sup>, a whopping sum of **€10,205** was collected. The target was €5,000 initially, so raising double the amount in a short space of time was a magnificent achievement. A presentation was made to Alex and Laura Dempsey and John Donoghue, on behalf of the Club by Liam McNeill and Teresa Hession, Chairperson of the Club on Friday May 15<sup>th</sup>.







# MyLife Healthy Clubs Challenge

Even though our grounds were closed, some club members were busy at work. Health and Wellbeing Officer, Mary Tarpey and Sean Mulry, registered Roscommon Gaels Club with the Irish Life Healthy Clubs challenge. Everyone took to the roads running and walking trying to keep active during lockdown, so why not register all those steps and compete with other clubs in the province to win a voucher from O'Neills worth €2,500. Over 60 people registered on the App and every run or walk completed their steps were logged. An average of 172,000 steps were registered on behalf of the club. Congratulations to Portumna GAA Club who were successful at winning the O'Neills Voucher. Well done Mary. Picture shows Mary Tarpey, Sean Mulry, Nessa Madden and Richard Hughes at the Launch of MyLife Healthy Clubs.



## Covid Management

Approximately 4 weeks ago when the National Guidelines for Safe Return to GAA (Edition 1) was released a Committee comprising of a number of club members was appointed within the Club. The Role of this committee is to oversee the introduction of Covid 19 Protocols in the club and to communicate same to all Coaches, Mentors, Players and Club Members. Committee Members: Maire Allen (Chairperson), Teresa Hession, Orla Fleming, Philip Mullen, Martina McGrath, Mary Tarpey, Seamus O'Neill, John Donnellan along with the Chairs of the Four Codes: Junior Football: Seamus Carthy, Ladies

Football: Declan Walsh, Camoige: Patricia Torpey Killion, Hurling: David Waldron.

A lot of work has been completed by this committee along with newly appointed Covid Supervisors for every team in the Club. There are 30+ Covid Supervisors altogether and their role is to ensure that all team members follow the Guidelines that have been recommended by GAA Headquarters. (They are the ones you see with the clip boards and Green High Vis Vests). Thanks to everyone so far who has completed the necessary E-Learning Modules and Health Questionnaires. It is vital that these are completed and subsequently re-submitted prior to every training session. Failure to do so will mean you cannot access the pitch for training. Make sure you know who your Covid Supervisor is for your Team!

## WIN A SUBARU

The Win A Subaru Fundraiser that was underway prior to Lockdown will be relaunched in the coming week(s). A new rescheduled draw date has been set and will now take place on **August 29<sup>th</sup> 2020**. Further details to follow. There are a number of books of tickets still with Club Members. The Win A Subaru team will be in touch in the coming weeks chasing up on these, and will be seeking to collect all funds. If there are any sold tickets out there, they can be dropped to any of the Win A Subaru Team named below: Gareth Carroll, Cahal Mahon, Oliver Moran, Orla Fleming, Declan Molloy, Tommy Mulry, Aisling Neilan, Nicola Nerney.

## Sympathies

During the months of Lockdown, our area hit some sad times with the loss of a well known character and Roscommon Gaels supporter. Billy Connaughton, passed away sadly on March 28<sup>th</sup>. He was a prominent fixture on the sideline for many years supporting Roscommon Gaels Teams. He will be sadly missed by all. The Club extends its sympathies to Anne, Emma & John. Ar dheis de go raibh a Anam.

# Hurling Notes

## Under 12's

After our enforced break our U-12 hurlers are back on the training field this Monday, July the 6th from 6.40 pm to 7.40 pm. This group had been doing very well prior to Lockdown and management are really looking forward to seeing them back on the field.

It has been a very difficult and unprecedented time for this age group, not being able to see Grandparents or integrate with each other. It is hoped that the training field will be more than just a place to improve their hurling skills alone. Management would like it also to be a place where the boys can talk with, laugh with and integrate with each other while adhering to COVID 19 etiquette at all times.

It's important for parents not to drop off your boys more than 5 minutes before the start time. The boys will be met by our COVID 19 Supervisor Margaret at the entrance to the training field and will be instructed which area to go to.

It is compulsory that all have **"RE-CONFIRMED"** their **HEALTH QUESTIONNAIRE** on-line prior to arrival. Unfortunately, at this stage parents cannot stay to watch training and must go away and return or stay in their car. Finally, as always new players are very welcome. If your child is interested, please speak with a club member as all necessary paperwork must be completed before joining.

If we all work together and co-operate together our training fields will be a safe and happy place for all our children. See you Monday at training!

## Football

It's great to see the lads back out on the field this week – more to come as the teams get back out.

### Minor

Minor boys played Oran in a challenge match in very 'challenging' conditions on a blustery Sunday lunchtime last – the match was nip and tuck and very enjoyable. The lads did well on the new protocol and managed to mind their own water bottles! All happy to pay the price just to get back out on the pitch.



### Under 14's

The Under 14's also resumed their training after the break. Smiles were beaming from all the lads. Just happy to be on the field again.



### Under 16's

The Under 16 lads resumed training, in the Hyde, which will be their location for training going forward. Numbers have been great at training. Keep this up everyone. Coaches and Players have all adapted to the new etiquette when coming training which is also great and make things very easy for Orla their Covid Supervisor.

The lads had their first challenge game against Oran/St. Croans last night (Tuesday) in Lisnamult. The wet evening didn't make it easy on both teams. By final whistle Oran/St. Croan's came out on top.

Training will continue on Friday at scheduled time as normal. Keep up the good work lads.

# Training Schedules for Boys Underage and Minor

The Sessions below are as of today (Wednesday July 7<sup>th</sup>) and may be subject to change. Coaches will always contact players if times need to be amended. All sessions are held in Lisnamult with the exception of Under 16's.

Boys Under 8 :	Saturdays: 9.45/10.00 - 11.00 a.m.
Boys Under 10:	Tuesdays: 6.30 - 7.00
Boys Under 12:	Wednesdays: 7.30 - 8.00
Boys Under 14:	Thursdays: 7.00 – 8.30 & Sundays: 10.00 – 12.00
Boys Under 16:	Tuesdays: 7.45 – 9.15 (Hyde) Fridays: 6.45 – 8.15 (Hyde)
Minor:	Tuesdays: 8.15 – 9.30 Thursdays: 8.00 – 9.00 Sundays: 12.00 – 1.00

## Scheduled dates for the Senior and Junior Championship

### Senior:

**v Western Gaels – July 25<sup>th</sup> - 5.00p.m. - Lisnamult**

**v St. Croans - August 1<sup>st</sup> - 7.00p.m. - Kiltoom**

**v Fuerty - August 16<sup>th</sup> - 1.00p.m. - M'Hern Prk**

### Junior:

**v St. Josephs - July 26<sup>th</sup> - 2.00p.m. - Lisnamult**

**v St. Kevin's C'rea - Aug 2<sup>nd</sup> - 1.30p.m. - S'Town**

**v St. Dominics - Aug 14<sup>th</sup> - 4.30p.m. - Kiltoom**

**v Western Gaels - Aug 30<sup>th</sup> - 2.00p.m. - Tulsk**

## 20 Questions Segment

Thanks to everyone who posted in the correct named player in the last edition. It was John McManus, Senior Player and County Senior Player.



Can you guess this week's player? See the Answers below and send your answers in again to [pro.roscommongaels.roscommon@gaa](mailto:pro.roscommongaels.roscommon@gaa) or answer on Facebook when posted.



- |  |   |          |                    |
|--|---|----------|--------------------|
| 1. Age                                       | <i>31</i>   | Height   | <i>6'2</i>         |
| 2. Nickname                                  | <i>Dog</i>  | Position | <i>Centre Back</i> |
| 3. Honours                                   | <i>Connaught Minor Title, All Ireland Minor Title, Connaught Senior Title</i> |          |                    |
| 4. GAA Idol Growing Up                       | <i>John O'Gara</i>  |          |                    |
| 5. Best Memory in Underage                   | <i>All Ireland Minor Final 2006</i>   |          |                    |
| 6. Best Memory in Adult Life                 | <i>Connaught Final 2010</i>   |          |                    |
| 7. One bit of Advice to Underage Players     | <i>Believe in your ability!</i>   |          |                    |
| 8. Hopes for Roscommon Gaels for the future  | <i>Lots of Success</i>  |          |                    |
| 9. Best thing about Roscommon Gales GAA Club | <i>People Involved at every Level</i>   |          |                    |

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|---|---|
| 10. Most scored in one game                                       | <i>2 – 6 (All from Play)</i>                |
| 11. Favourite present Roscommon Gaels player (excluding yourself) | <i>Tim Lambe</i>                            |
| 12. Quickest player in Roscommon Gaels                            | <i>Richard Hughes</i>                       |
| 13. Fittest and most skillful player in Roscommon Gaels           | <i>David, James, Kevin and Bryan O’Gara</i> |
| 14. Best Looking Roscomon Gaels Player                            | <i>James O’Gara</i>                         |
| 15. Vainest on the Team   | <i>Paul Gleeson</i>                         |
| 16. Joker on the Team   | <i>Mark Healy aka Witty Healy</i>           |
| 17. Mouldies or Studs / Socks Up or Down                          | <i>Studs<br/>Socks Down</i>                 |
| 18. If you could transfer a player to your team who would it be   | <i>Michael Murphy</i>                       |
| 19. Salt & Vinegar or Cheese and Onion                            | <i>Salt &amp; Vinegar</i>                   |
| 20. What do you do to Chill                                       | <i>Watch a Movie</i>                        |
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For More GAA News, the June GAA Newsletter is available to download now. Click on the link below.

<https://www.gaa.ie/news-archive/news/read-the-latest-club-newsletter-june-2020/>