



ROSCOMMON GAELS

Gaelforce News

February 2022



Ni Neart go
chur
le Cheile

Lotto
Be part of it to WIN!





Roscommon Gaels GAA

Club Social Night

Special Guest Star

Celebrating Success in 2021
Finger Food, Music, Dancing

March 16th, 2022
Abbey Hotel, 8.00 p.m.

Tickets: €25

Access Ticket Only - Must be purchased before the Event
All Medal Recipient's tickets will be compliments of the Club.

Club Social Night

It's time to finally open up the wardrobe and dust off those "going out" outfits, because on March 16th everyone's going "out out"!!

The organising group are in the throes of planning a night out of celebration – something that hasn't been done since the 60 Years Celebrations in November 2019. It is planned to have a Special Guest with us on the night to award our successful teams of 2021: Minor Football Champions, Minor and Junior Camogie Champions and Under 19 Ladies Football County Final Winners of 2021. Awards will also be presented to Players of the Year in all codes.

Finger food will be served and following that some music and entertainment for all.

So stick the date in the diary. Tickets are be on sale at €25 each from any of the following: Oliver Moran, Seamus Carthy, Finbar O'Reilly, Nicola Crosbie, David Waldron, Declan Walshe, Orla Fleming. They are selling fast so don't delay. Contact any of the above to book. Looking forward to seeing everyone there.

Club Executive 2022

The Club Executive had its inaugural meeting of the year on January 17th in the Hyde Centre. Incoming Chairperson, Philip Mullen welcomed all present to the meeting and wished all players coaches and volunteers the best of luck for the coming year. He stated that he looked forward to working with all members of the executive and continuing the trojan work that has been completed to date under the outgoing Chairperson Teresa Hession. He thanked Teresa for her tireless work over the previous years in bringing the club to where it is.

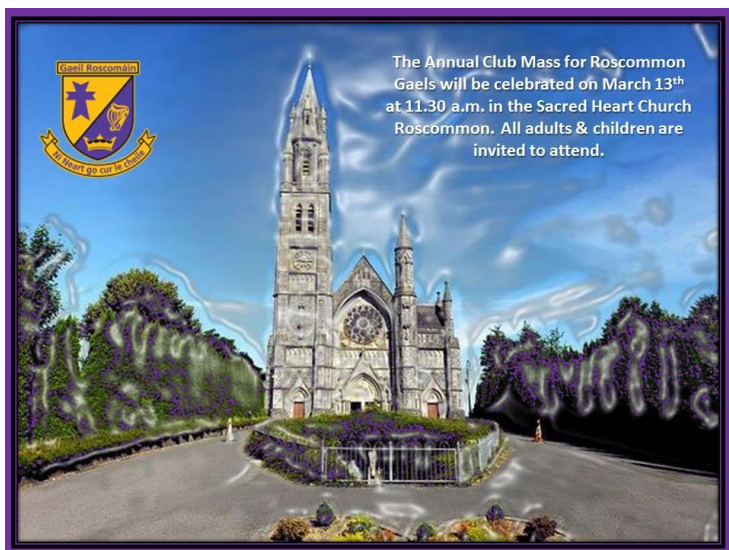
Officers of the Club Executive 2022 are as follows:
*There were a number of new officers on the Executive ratified at the meeting:

Chairperson	Philip Mullen*
Vice Chairperson	Mick Byrne*
Secretary	John Donnellan
Treasurer	Harry Hoare
PRO	Orla Fleming
Registrar	Niamh Kilmartin
Development Officer	Adrian Tully*
Coaching Officer	Declan Hussey*
Children's Officer	Sandra Reilly*
	Roisin McSharry*
	Orla Ni Chuinnagain
Irish Languages & Cultural Officer	
Asst. Secretary	Cahal Mahon
Asst. Treasurer	Tom Fitzmaurice

Football Chairperson	Seamus Carthy
Camogie Chairperson	Paula Connaughton
Ladies Football Chairperson	Declan Walshe
Hurling Chairperson	David Waldron
Men's Players Rep	Conor Doolin
Ladies Players Rep	TBC
Asst. PRO	Oliver Moran

Club Mass

The Club will hold its Annual Mass on March 13th the Sacred Heart Church Roscommon at 11.30 a.m. This mass will be for all current Roscommon Gaels members, all who are ill, all who have suffered bereavement in the past year, and all our deceased members. As a club community we have lost many members, players and activists over the years. Some of these have been tragic, sudden and premature. All of these people have been a great loss to our club. It is important to recognise and remember the contribution made by these people to furthering the spirit of Roscommon Gaels GAA Club for the many years to come.



Sponsorship

The Club would like to thank Conor, from Conor Cassidy Cars, Lanesboro Road, Roscommon for his generous sponsorship of Half Zip hoodies for the 2021 Minor Team who were successful in the Division 1 Minor Football Championship.

Conor presented the tops to Manager of the team Kevin McStay along with fellow coaches Finbar

O'Reilly and Seamus Carthy at his business last week. Players Ethan and Ciaran O'Reilly also attended the presentation. Minor Board Chairperson Seamus Carthy thanked Conor for his continued support to the club over the past year, being very aware of his support to GAA locally since setting up his fine motor trade business on the Lanesboro Road.



Positive Aging, Talks & Chats, Health & Wellbeing

MENS PATH

Venue - Hyde Centre
Start Date - Tuesday 01/Feb/'22
Duration - 8 Weeks
Time - 7:30pm

POSITIVE AGING

ACTIVITIES

TALKS & CHATS

HEALTH & WELLBEING

SUITABLE OUTDOOR CLOTHING AND FOOTWEAR TO BE WORN (INCLUDING HI-VIS)

Contact: Sean Mulry 087 9074637

Health & Wellbeing Co-ordinator - Roscommon Gaels

Co-Ordinated by the Clubs newly appointed Health & Wellbeing Officer, Sean Mulry, this initiative has taken off and grown wings. With a great turnout over the past 4 weeks of Men of all ages, the reactions have been very positive by all in attendance.

Sean, who has recently completed a Master's Degree in Culinary Art and Nutrition and is the owner of the Pepper Mill in Roscommon town, strives to bring his learning's and experience in Nutrition, Health and Wellbeing to everyone in our local community. Our facilities at the Hyde Centre allows us as a Club to provide this service to the whole community and we welcome all new attendees. Sessions are held on Tuesday evenings at 7.30p.m where participants meet up and have a good chat and laugh together, while at the same time learning about new topics and afterwards share a cuppa.

So far we have had Laura Tully, the Movement Mentor at a session where she gave talk on Health and Wellness, we have also had Tim Gilmore Senior Hurler in the club and member of the Senior County Hurling Team giving tips on movement and stretching. It is planned to have local Gardai attend a session giving helpful hints security awareness and safety in the community along with other speakers yet to be revealed!

Well done to Sean on this brilliant initiative for our community.



Roscommon Gaels Child Welfare

Roscommon Gaels Club recently completed the Sport Ireland Self-Assessment Safeguarding Audit. The main purpose of the Sport Ireland Safeguarding Audit is to support Clubs to strengthen their adherence to safeguarding policies and procedures thereby ensuring that children and young people partaking in sport are protected.

Statutory guidance and legislative requirements relating to adults who work with children are embedded in the Clubs recruitment and selection procedures. These requirements affirm that all coaches, prior to commencing their role(s) with children, must:

1. Undergo Garda Vetting
2. Must attend relevant child safeguarding training
3. Must obtain a minimum coaching qualification

The recruitment and selection guidelines are in place to ensure that those recruited to coach children adhere to the best possible standards to ensure that our Games are played and promoted in an enjoyable, safe and developmental environment.

Pursuant to the submission of the Audit, Roscommon Gaels Executive is committed to reviewing existing policies and developing new policies in relation to child welfare within the Club.



Football

Senior Football

Senior Football will be ready to commence with some challenge games set up starting in March in preparation for the League which commences in April. Players are working away in the Gym in preparation for the coming season.

Senior Players Richard Hughes and Peter Gillooly (injured) are the clubs representatives on the County Senior Team who are in full flight of their Allianz League campaign. The best of luck to both of the lads.

Minor Under 17

The Minor Under 17 Squad for 2022 has recently been finalised in preparation for both the League and Championship games for the coming year. It is aimed to hold 2 training sessions per week with a game at the weekend. Due to small numbers this season, the club will enter ONLY one (1) team at this grade. All players have been notified of the season details for the year and looking forward to getting out on the practice pitch to kick ball.

The squad will be managed by:

Kevin McStay (Manager)
Seamus Carthy (Assistant Manager)
Shane Moran (Coach)
Ollie Moran (Coach, Statistics & Administration)
Stephen Kennedy (Goalkeeping Coach)

Up-coming Fixtures County U17 League

- Padraig Pearses v Roscommon Gaels
Woodmount / TBC
- St. Dominic's v Roscommon Gaels
Knockcroghery / TBC
- Roscommon Gaels v Western Gaels -
Sat 26th March in Lisnamult at 4.30pm
- Clan an Gael v Roscommon Gaels
Monday 4th April in Johnstown at 7.00pm

Under 15's

Coaches for the Under 15 for 2022 will be Derek Dolan, Declan Hussey assisted by John Connelly, Trevor Finneran, David Fallon, Gary Dunne and Joey Biesty.

The U15 boys football group are making plans for the year ahead. We will have 2 teams at this age group operating in Division 1 and Division 4. The league begins at the end of March and the coaching group will be in contact via the team's WhatsApp group. Championship is currently scheduled also to kick off between July and September. It is hoped to train every Tuesday (once the time changes) and Saturday (when matches permit). All involved are looking forward to an enjoyable year ahead.

Under 13's

Football returned to training on February 18th. Training will be every Friday at 6.30 p.m. at the Hyde Training Pitch. David Kelly and Ciaran Heneghan will be coaches heading up this group for 2022.

Under 11's

Under 11's this year will be under the stewardship of Mick Byrne and coaching group. Plans are afoot to start back to training on March 7th at 7.00 p.m. at the Astroturf in Lisnamult Community Sports Park for 4 weeks. Then it will relocate to the Hyde Training Pitch on April 5th and will continue every Tuesday and Saturday (time to be confirmed for Saturdays). Additional help is also being sought after for this age group. Anyone interested in joining the Coaching group please contact Mick Byrne 086-1909749

Academy / Under 7's & Under 9's

Dates have to be confirmed for these age groups. Keep an eye on Social Media for further updates.

Hurling

Under 15's



To kick off the season the Under 15 Hurlers took to Cuckoo Hill bootcamp last week for some team bonding. A great day was had jumping into bog holes and getting soaking wet! Great to see all the smiles at the end of the day.

Underage Hurling

It's great to see all our young hurlers again for a new season which kicked off in the past two weeks in both the Convent Gym and Roscommon Community Sports Park. Big smiles underneath the helmets are a joy to see. Everyone's a little rusty, but in no time with some regular training sessions and practice against the gable wall at home, skills will improve for all the games coming up during the season.

We really wish to stress to all parents and coaches that everyone needs to be registered with the Club. No player should be training for insurance reasons. It's a very simple task, log onto www.foireann.ie and renew for 2022. No work involved at all.

Training times Underage Hurling:

Under 7 Boys (Born 2015):

Training time: Monday's 6 p.m. – 7p.m

Location: Convent Gym

Coach: Fintan Doyle 086-1990930

Under 9 Boys (Born 2013/2014)

Training Time: Monday's 6 p.m. – 7 p.m.

Location: Roscommon Community Sports Park

Coach: Danny Talbot 087-6977600

Under 11 Boys (Born 2011/2012)

Training Time: Thursdays 6 p.m. – 7 p.m.

Location: Roscommon Community Sports Park

Coach: Nicola Crosbie

Under 13 Boys (Born 2009/2010)

Training Time: Thursday's 7 p.m. – 8 p.m.

Location: Roscommon Community Sports Park

Coach: Adrian Tully (086-8137113)

The Hurlers Prayer

The Hurler's Prayer

Grant me, O Lord, a hurler's skill,
With strength of arm and speed of limb,
Unerring eye for the flying ball,
And courage to match whate'er befall.
May my stroke be steady and my aim be true,
My actions manly and my misses few;
No matter what way the game may go,
May I rest in friendship with every foe.
When the final whistle for me has blown,
And I stand at last before God's judgement throne,
May the great referee when He calls my name
Say, You hurled like a man; you played the game.

Séamus Redmond

Ladies Football

Training Times

Under 8's

Coach: Rosie Fullard
Time: Tuesdays 6.30-7.30
(Starting in April)
Date TBC
Location: Lisnamult

Under 10's

Coach: Michael O'Reilly
Imelda Larkin
Time: Tuesdays 6.30-7.30
(Starting in April)
Location: Lisnamult

Under 12's

Coach: Ollie Moran
Time: Thursdays 6.30-8.00
(Started March 3rd)
Location: Lisnamult

Under 14's

Coach: Michael Burke
Time: Sundays 11.45-1.15
(Started March 6th)
Location: Lisnamult

Under 16's

Coach: Declan Walsh
Michelle Hughes Walsh
Time: Tuesdays 6.30-8.00
(Started March 1st)
Location: Lisnamult

Under 19's & Junior

Coaches: Yvonne Donohue
Paul Biesty
Time: Up and Running
Location: Lisnamult

Camogie

There was a great buzz last week in the town when the news broke that the Senior Girls Camogie Team from Roscommon Convent has gone and won the

All Ireland Final. Well done to all the team and Management of this great achievement.

We are particularly proud of the 12 Roscommon Gaels players and a member of the teams management Teresa Hession, who guided them over the line.

Enjoy the win ladies.



Camogie Training Times

Under 10's

Training: Fridays 6.00-7.00
Returned to sessions on Feb 18th

Location: Roscommon Community Sports Park

Training: Fridays 7.00-8.00
Location: Roscommon Community Sports Park

Keep an eye on our Social Media for additional ages in the coming weeks.



The Story of the Lough

St. Coman's GAA pitch, or "The Lough" as it was, and is known by so many has a long and storied history steeped in lore and tradition. It is not possible to present all of this history, even abbreviated, in one article, so this is the beginning of our history corner on the Lough.

The earliest use of this site dates back to December 1889, a mere 5 years after the formation of the GAA in 1884.

The 30th November 1901 was a historic day in the annals of the GAA in Roscommon town. The **Roscommon (Gaels) Hurling, Football and Literary Club** was formed and a "Mr. P. Melia had kindly granted the use of the Lough for practice and matches."

In 1902 it was in the Lough, that Castlebar (representing Mayo) fell to the great Gaels team in what was probably **the first hurling match ever seen in Roscommon town.**



Scór na nÓg

The Preliminary rounds of Roscommon Scór na nÓg were held in Kilmurray hall on Friday night (March 4th) with 4 items picked in each event to take part in the County Final next Saturday (March 13th) in Elphin. There was great talent on show and it was on from 7.30 pm to 11.30pm. The newly refurbished Kilmurray Hall was packed with many standing and the night ran very smoothly thanks to an excellent Fear an Tí and backstage team. There were lots of clubs represented on the night with plenty of competition for the places on offer.

Our Roscommon Gaels members represented themselves and their club excellently and we will have 9 items in the finals next Saturday. Tickets will be on sale during the week for what promises to be a wonderful night's entertainment.

We would like to point out though, that the Scór na nÓg event is an Under 17 event. The majority of our clubs representation are mainly all of primary school age. Going forward for next year, we would love to invite, along with our primary school participants, some secondary school participants – Teenagers. We would love to see the introduction of possibly a Novelty Act or some Set dancing or even a Ballad group. Theses would all be team events. However, introducing all of these new possibilities means seeking help from people who have an interest in music, performing arts or dancing. Are you out there?

Go n-éirí le gach duine ag ullmhú don Satharn!

