

# NEWSLETTER JAN 2019

- Student Bursary Awards
- Video Analysis Facilities
- Coaching Corner
- Club Officer Training

## CONNACHT GAA BURSARY AWARDS



Students from the third level sector were acknowledged by Connacht GAA in the annual student bursary awards at a ceremony which took place in the Connacht GAA Centre on Saturday last, the 5th January.

The bursary scheme has been in place for 12 years and awards members of the association who are active members in their higher education club. In all 45 promising young Connacht GAA players and administrators have been included in the province's annual bursary scheme. All five Connacht counties are represented in the initiative which provides financial assistance to students who have displayed potential and commitment on the Gaelic games front.

# FULL LIST OF RECIPIENTS

Brian Lawlor - Marino

Brian O Neill - AIT
David McManus - AIT
Paddy Murphy - AIT
Saoirse Walsh - AIT
David Neary - DCU
Luke Towey - DCU
Oisin McLoughlin - DIT
Alan Davey - GMIT
Dylan McHugh - GMIT
James McCormack
-GMIT
Liam Creaton - GMIT
Liam Kelly - GMIT
Martin Cullen - GMIT
Paddy Farrell - GMIT

Eilish O'Dowd - Marino Shane Ryan - Mary I Conor Shanagher -May Niamh Donegan - May Chloe Miskell - NUIG Ciara Donohue - NUIG Conor Campbell -NUIG Donovan Cosgove -NUIG Evan O'Brien - NUIG Jack McNeela - NUIG Rachel Fitzmaurice -

lan O'Shea UCD Ryan Forde UCC Brian O'Malley UL Cian Surlis - UL Enda Crawley - UL Jamie McNicholas - UL Joseph Dawson - UL Kate Screene - UL Mark Fahy - UL Mark Hughes - UL Megan McCormack - UL Oisin Flannery - UL Paul Towey - UL Shaun Chandler - UL Shauna Molloy - UL Jack Haran - Sligo IT

# STATE OF THE ART VIDEO ANALYSIS FACILITIES AT CONNACHT GAA

With the introduction of the new Connacht GAA Video Analysis Suite at the Connacht GAA Centre in Bekan, we are again proving that we are to the forefront of developments in what is increasingly becoming a more important aspect of team and player development and preparation.

Adding to the already outstanding individual player analysis facilities contained in the gym area of the centre which has been hugely popular with both clubs and counties throughout the province since the centre opened in 2012, we are now able to offer world class in game video analysis to any team interested in availing of it.

The introduction of 5 HD cameras simultaneously recording the action on our main pitch (we also have a second pitch with 3HD Cameras) provides a variety of excellent vantage points to management teams and will be an invaluable learning tool for all teams that wish to make use of the facility. It will allow teams to have a multi angle overview of their overall team set up and will also enable them to focus on individual player movements which will be useful in pointing out to players exactly what they are doing well or what they could be doing differently to help their team. This state of the art



development also gives the opportunity for in game coding so teams have up to the minute statistics and information available to them. Management teams will have the option of viewing this footage live as the game is progressing if they should so wish, but they will also get a copy of the game recorded from all five angles to takeaway with them allowing for more in-depth post-game analysis, creating the opportunity for more evidence-based education for players.

Another benefit of the new equipment we have installed is that it will allow us to be more active in streaming games that take place at the Connacht GAA Centre live on our YouTube Channel. This is something which has proved to be broadly popular over the recent seasons when we have done so. By using our new cameras and technologies we will be able to offer a much better viewing experience to the fan who is unable to attend the game.

If you have any enquiries about how you can avail of any of the services provided here at the Connacht GAA Centre including the new Video Analysis Systems which we have in place, please don't hesitate to contact us by email reception.connacht@gaa.ie or by phone on (094) 9630335.

# COACHING CORNER



### Super Games Centre

The Super Games Centre Initiative that started in December ran two more nights with it being a continued success on January 18th and 25th. Over 700 players from 48 clubs and all 5 Connacht counties participated over the 4 nights. Due to the demand Connacht GAA in association with the 5 counties will be expanding the initiative to 5 locations across the province on March 15th. Locations will be Scarden, Annaduff, Claregalway, Strokestown, and in Bekan. For clubs looking for more information email cathal.cregg.connacht @gaa.ie

### Club Support Program

The primary purpose of the Club Coaching Support Programme is to build self-sufficiency and self-sustainability within each club in all aspects of coaching/management and player development. The recent phenomena of appointing outside personnel to fill management/coaching roles has in many instances had negative repercussions within our clubs. This programme gives all coaches an opportunity to become participant stakeholders in designing /redesigning club coaching policies for the future. This basic engagement will also create a greater awareness of the comprehensive nature of all coaching and games activities. It affords coaches/managers a greater degree of responsibility to decide future direction of player/coach development within the club.

There are 4 Phases to the Programme: 1 Assessment of the current status of Coaching and Games within the club (Club Coaching Forum)

2 Identification of prioritised coaching projects for year.( Club Coaching Committee)

The Club must identify at least 3 Coaching and Games objectives that will contribute towards the primary purpose)

3 Provision of Practical Coaching Assistance.

4 Assessment and review of the programme.

Each Club that is accepted on the programme may avail of a grant to the value of €1000.

### CLUBS TAKING PART IN 2019:



Owenmore Gaels, Tubbercurry, Drumcliffe/Rosses Point, Calry/St Joesphs, Enniscorne/Kilglass



St Mary's, Kiltoghert, Dromahair, Drumkeerin, Glenfarne Kiltyclogher



Bohola Moy Davitts, Swinford, Eastern Gaels, Shrule Glencorrib, Ballycroy, Islandeady, Kilmeena, Burrishoole, Castlebar Mitchels HC



St Croans, St Faithleachs, St Ciarans, Kilbride, Four Roads



Football - Annaghdown, Caltra, St Gabriels, Cortoon Shamrocks, Milltown, Carna Cashel, An Fhairce

Hurling - Annaghdown, Cappataggle, Portumna, Tommy Larkins, Rahoon, Ballindereen



There will be Club Officer training delivered in:

Galway: Tuesday 26th February 2019 Venue: Claregalway Hotel

Leitrim: Monday 21st January 2019 Venue: Bush Hotel, Carrick-on-Shannon

Mayo: date to be confirmed

Roscommon: Tuesday 29th January 2019 Venue: Abbey Hotel Roscommon. February 5th February 2019(Volunteer Recruitment). Venue: Hannons Hotel Monday, February 11th 2019(Insurance Workshop). Venue: Hannon's Hotel Sligo: date to be confirmed.

For more information contact your County Development officer.

